

Wolf Creek Baptist Church Presents

# Miles for Missions 5K

JELICO, TENNESSEE

**TIME: 7:00 a.m.** (beat the heat!!)

**DATE:** Saturday July 23, 2016 at the Indian Mtn. State Park, 143 Indian Mtn. State Park Cir, Jellico, TN 37762

**COURSE DESCRIPTION:** A mostly flat course.

**REGISTRATION AND FEES:** Runners may pre-register or sign up the day of the race from 5:30-6:30 a.m. at Indian Mtn. State Park. Pre-registration (RECEIVED by July 10, 2016) is \$20 with t-shirt. Late Registration (including day of the race) is \$20 with no guarantee of t-shirt. Packet pick-up is available only on Saturday, July 23, 2016 from 5:30-6:30 a.m. at Indian Mtn. State Park.

**SHIRTS/MEDALS: T-shirts are only for pre-registered runners. AWARDS:** Custom awards will be given for top Overall male and female, 1st Masters (40+) male and female, 1st Grandmasters (50+) male and female. Custom medals three deep in the following age divisions, male & female: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 and 70+. Overall winners are not eligible for age division awards. **RESULTS:** Results will be posted on the FALLS ROAD RUNNERS Facebook page. FOR MORE INFORMATION: Contact Race Director: April Bowman 606-521-9878 or email [danbowman81@gmail.com](mailto:danbowman81@gmail.com)

Name: Last: \_\_\_\_\_ First: \_\_\_\_\_ Sex (circle one): Male Female

Age (as of 7/10/16): \_\_\_\_\_ Birth date: m. \_\_\_ d. \_\_\_ y. \_\_\_ Shirt Size (circle one): S M L XL XXL

City: \_\_\_\_\_ State: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email Address: \_\_\_\_\_

In case of emergency, call: \_\_\_\_\_ at phone: \_\_\_\_\_ Estimated Finish Time: \_\_\_\_\_ .

Mail with Entry fee to: **WCBC Run for Missions c/o April Bowman 275 Steven Lane, KY. 40769. Make Checks Payable to: Wolf Creek Baptist Church (No Refunds)** .We reserve the right to disqualify anyone who exhibits unsportsmanlike conduct or is abusive toward volunteers. Due to insurance regulations, no roller blades, strollers, bicycles, dogs on the course. **ATHLETE'S RELEASE PLEASE READ. TO RUN THE RACE, YOU MUST SIGN AND DATE IT.** I know that running in races is a potentially hazardous activity. I should not enter and run in the WCBC Miles for Missions unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and/or volunteering to work in the aforementioned race, including but not limited to falls, contact with other participants, wildlife encounters, the effects of weather, including high heat or humidity, ice and snow, the condition of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I for myself and anyone entitled to act on my behalf, waive and release THE WOLF CREEK BAPTIST CHURCH, WCBC MILES FOR MISSIONS, INDIAN MTN. STATE PARK, any and all member thereof, and all further sponsors, their representatives, successors, from all claims or liability of any kind arising out of my participation in the aforementioned event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also grant permission to all the foregoing to use any photograph, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature \_\_\_\_\_

Date \_\_\_\_\_



Inflatables for kids while  
you run!!!!